

Sports & Wellness Subject @ TP
Application for Exemption from Sports & Wellness (LSW1002)

Sports & Wellness (S&W) is a compulsory, attendance-based subject for all Year 1 students. Students may apply to be exempted from S&W or be placed on a Wellness module (eg Mindfulness module) due to medical reasons. This has to be supported by doctor's memo stating the reason(s) for long-term excuse (10 consecutive weeks or more) from participating in physical activity classes¹.

Applicants will receive an official notification from Academic Affairs Department on the outcome of the application. While the application is being processed, students are required to report for class.

For your application to be considered, please submit this form, together with your medical form.

Full Name:	Admission No.:	Handphone No.:
Email Address:		Diploma Course:
Description of Medical Condition(s) – to be filled in by a Singapore-registered doctor or attach a photocopy of doctor's memo as a separate sheet if needed.		
Period of Exemption: From _____ to _____ (dd/mm/yyyy) (dd/mm/yyyy)	Name and signature of Certifying Doctor and Clinic/Hospital (NB: not required if a photocopy of doctor's memo is attached):	

¹ physical activity classes include moderate intensity exercises such as (but not limited to) Badminton, Basketball, Bouldering, Dance Fitness, Martial Arts and Strength & Conditioning classes.